

Hope House Substance Abuse Program

(714) 776-6090 Residential Facility **(714) 776-7490** Administrative Offices
www.hopehouseoc.com

Hope House's mission is to provide Orange County adults with supportive, comprehensive, treatment for chemical dependency.

Hope House is a private, nonprofit, inpatient program for adults with substance abuse problems. We have been treating adults for more than 20 years, providing long-term treatment.

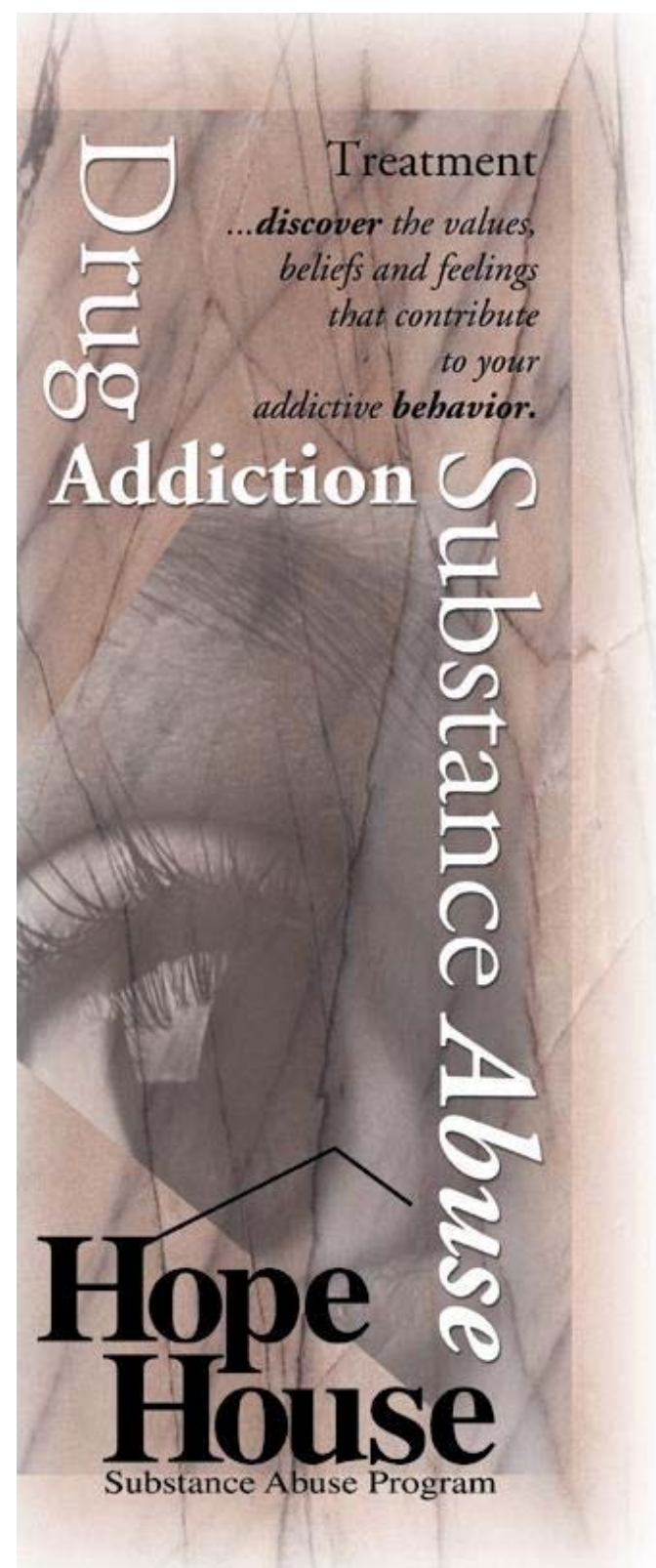
Hope House addresses the behaviors and the emotions behind addiction. Clients learn a variety of tools to help them control behaviors from within themselves instead of relying on others. The program's primary focus is to have clients work through the resident hierarchy. Clients must respect authority, take on responsibilities, and work with fellow clients in a team environment. Clients develop impulse control, learn how to delay gratification and acquire other life skills necessary for successful reentry into the community.

Treatment includes individual therapy, group therapy and education about addiction. Clients discover the values, beliefs, and feelings that contribute to their addictive behavior.

Hope House gladly accepts your tax-deductible donations, including cash donations, food, household items, and used automobiles.

Hope House is funded by Orange County Health Care Agency..

Hope House
707 N. Anaheim Blvd.
Anaheim, CA
(714) 776-7490



Hope House Clients

How To Get Into Hope House (Admission)

Three Phase Program (First Phase)

Three Phase Program (Second Phase)

Three Phase Program (Third Phase)

Hope House Serves

- Men and Women 18 and Older
- Drug and Alcohol Abusers
- Probation and Parole Referred
- Drug Court Referred
- Proposition 36 Referred
- Court Ordered
- Self-committed
- Selected Dual Diagnosed

Therapeutic Services

- Structured Daily Routine
- Living Skills
- Impulse Control
- Individual Therapy
- Group Therapy
- Communication Skills
- Sober Support System
- Earn High School Diploma
- Relapse Prevention

Entry Requirements

- Orange County Resident or Homeless
- California ID or California Drivers license
- Social Security Card
- Desire for Recovery
- Prescreening Interview
- Minimum 72 Hours Sobriety

Hope House of Orange County is a long-term, three to six-month, residential treatment facility.

We are designed to treat the whole person in a therapeutic and structured environment.

If you or someone you care about is interested in long-term treatment, call to schedule a prescreening interview.

Hope House screens individuals in Orange County jails who are under court order to seek treatment.

Phase I

- Learn Responsibilities
- Explore Feelings
- Increase Awareness
- Improve Impulse Control
- Delay Gratification

New residents adjust to the program by exploring their behaviors and feelings daily.

Residents understand why drugs or alcohol became a way of life. They identify the “red flags” leading to relapse. Residents understand the decisions and choices they make.

A resident’s goal is to take responsibility for his or her life.

Hope House believes substance abuse is a symptom of other issues and the abuser can achieve sobriety by dealing with these issues.

First phase lasts one to two months.

Phase II

- Increase Responsibilities
- Work with Others
- Develop Living Skills
- Improve Attitude
- Understand Decisions
- Develop Sober Support

Residents in the second phase begin to help run the program by participating in peer management. They are required to take more responsibility for themselves and their peers.

Residents learn how their choices and actions affect themselves and everyone around them.

At the end of second phase, residents look for fulltime employment in the community.

Second phase lasts one to two months.

Phase III

- Increase Responsibilities
- Fulltime Employment
- Money Management
- Cope With Stress
- Prepare to Re-enter the Community

Residents in the program’s third phase continue to live at Hope House while preparing for entry into the outside world.

Residents work fulltime in the community, save money, and develop outside support systems through Alcoholics Anonymous, Narcotics Anonymous and other appropriate programs and activities.

When a resident has demonstrated emotional maturity, financial readiness and job security, he or she petitions for graduation.

Third phase lasts one to two months.